

2024: A Year When Decade Happened

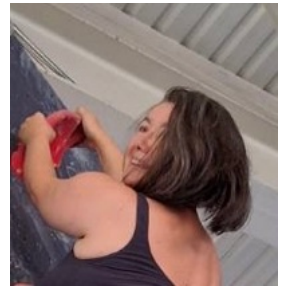
2025-01-10

There is magic and medicine
in giving ourselves permission
to love what we love
(and let it love us back).

This is my traditional yearly overview: to keep in touch with friends (in the absence of social-media);
to look back on my life & to plan for the future.

This is a story about only previous **10 months**, but it could have been a **decade**, so many things happened!

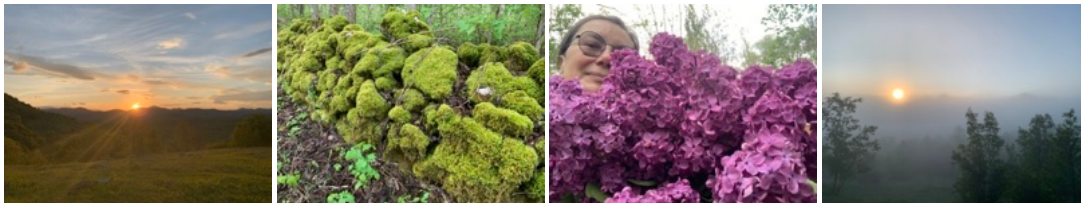
- * We got married
- * We broke up
- * I became Dutch
- * We moved houses
- * I got a grant
- * I spent 6 weeks in Lika
- * I published a zine
- * We lost the cat
- * I had 2 lovers
- * I stopped taking antidepressants



^^^ Wedding; The End; becoming Dutch; at 38C3



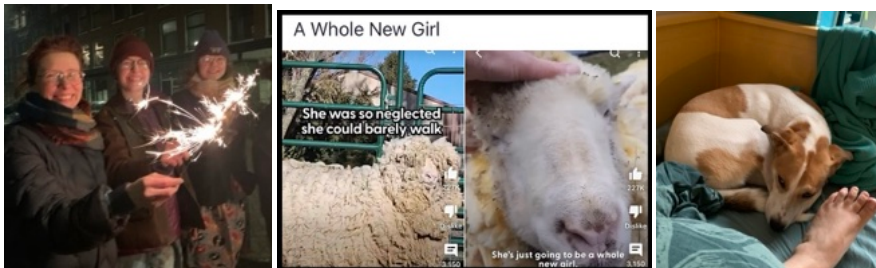
^^^Zine, grant, hackathon



^^^ Lika: light, peace, nature

2025

Since each one of those 10 big events in 2024 is by themselves very high on the stress scale,
AND there were other 100 things that happened too...
I am hoping that the 2025 will be a year for recovery & reconnection.



Here is a long version of this PDF & even more extra photos & links:
<https://becha.unciv.nl/2024-decade-long.pdf>
<https://becha.unciv.nl/extra-2024-small.pdf>

Long list about all 2024 things

It's overwhelming to write about all of this, since it's all TOO MUCH -- even the good things!!
So I'll divide it in categories, include links, and point to the photos below...

Nature:

- * I spent 6 weeks in Lika (April-September, 1 week each month, on average)
 - * <https://social.v.st/deck/tags/LikaLodge>
- * I Had The Cat (for first 9 months during this year)
- * The Cat got lost in September :(
 - * <https://www.amivedi.nl/detail/?meldingid=2100779>
- * I "came out" as a post-menopausal woman

Relationships / Connections:

- * Got married to Arnd (in February)
- * Broke up with Arnd (in September) (after 13 years together!) :(
- * Met 2 lovers = Started having sex again (after 5 years of menopause / depression/ COVID / lockdowns / bad relationship)
- * Attended multiple events & met many friends, old & new
- * Had a big moving-away party & many smaller parties (April, July)

Agency:

- * Moved houses
 - * Moved out of big place (after 4.5 years; with lots of decluttering, giving away & washing)
 - * Moved into the small place / my own old house! / where we did lots of cleaning & some painting
 - * while dealing with tenants in the first half of 2024 (trying to be a "good landlord", an oxymoron)
 - * Rented a storage place
- * Became Dutch (got passport in September!)
- * Asked for sabbatical/long vacation for 2025
- * Continued to NOT FLY (6 years so far!)
- * Traveled by train a lot (all the way to Athens; & Berlin, Krakow, Prague, Luxembourg, Sarajevo, Zagreb & Gracac...)
- * Stopped with RIPE Code of Conduct work (in November)
- * Managed to get to CCC Congress (after 5 years of not going)

Creativity:

- * Got an award! IEEE grant for "Connecting Lika" project <https://wiki.techinc.nl/User:Becha/Lika/ProjektPovezanoPolje>
- * Published a zine <https://doi.org/10.21428/57a7f7a7.5d685a20>
- * Green Tech : Organized a Hackathon, posted monthly to RIPE-list, organized Open House
 - * <https://labs.ripe.net/author/becha/celebrating-green-tech-hackathon-results/>
 - * <https://labs.ripe.net/author/becha/announcing-the-green-tech-hackathon/>
 - * <https://www.ripe.net/meetings/open-house/green-tech-and-sustainability-in-internet-technologies-2-oct-2024/>
 - * https://wiki.techinc.nl/Sustainability#RIPE_list_2024
- * Participated at work conferences: as a moderator, curator, Community Builder, speaker... (SEE-12,RIPE88,RIPE89...)
- * Attended events & contributed, both for work & for community (presentations, PC, CoC, Diversity, Local Hubs...)
 - (AMRO, /etc, IKEM Academy, NLNOG, LUNOG, 38C3...)

<https://media.ccc.de/v/38c3-the-whois-protocol-for-internet-routing-policy-or-how-plaintext-retrieved-over-tcp-43-ends-up-in-router-configuration>

- * AMRO: Away from the "Internet of Ecocide": inviting radically open participation in Internet protocols standardisation
- * <https://radical-openness.org/en/programm/2024/afternoon-session-sustainable-degrowth-practices-aesthetics>
- * <https://wiki.techinc.nl/File:AMRO2024-slides-with-notes-vesna.pdf>
- * <https://radical-openness.org/en/programm/2024/internet-squirrels>
- * <https://pretalx.com/etc2024/talk/XTFWJX/> (Hacking Menopause)
- * <https://pretalx.com/etc2024/talk/CS3WPX/> (Internet Governance & DEI)
- * <https://web.archive.org/web/20240501202123/https://top.permacomputing.net/> (Internet Governance & Sustainability)
- * Made an art project, as part of my therapy
 - https://wiki.techinc.nl/User:Becha/mental-health-help#Art_2024
- * Contributed to "Amsterdam Vision on AI" <https://www.amsterdam.nl/innovatie/amsterdamse-visie-ai/>
 - * my text: https://wiki.techinc.nl/File:Amsterdam_gemeentelijke_visie_op_AI_Maart_2024.pdf
- * Applied for many many grants & funds "gracefully" received all (but one) refusals & rejections

Family:

- * Alisa finished 1st year of studies & got "propedouse" & started 2nd of PABO
- * Charlie became a student of Human Geography and Planning, Uva
- * Alisa visited me in Lika; Mileva & Marija & Misho too
- * Kaja & Nemanja visited in Amsterdam
- * Charlie visited Zagreb (family) & Zurich (Zdravko)
- * Alisa took part in demonstrations at university, in support of Palestine
- * Charlie & Arnd had a long trip to Japan

Health:

- * In first half of the year I was sick frequently ; in second half much less!
- * September: stopped taking antidepressants (after 4.5 years!) & finished a year-long "schema" therapy
- * Still struggling with C-PTSD (anxiety/depression), obesity & menopause
- * Started with taking better care of myself: weekly swimming, taking supplements, asking for help

Death of several people & animals this year have touched me deeply:

- * Joy, a colleague from work
- * Erik Bais, from RIPE community
- * Koko (Nikolina's cat; & Tori (Vlaja's dog)
- * Frans de Vaal, Dutch primatologist https://news.emory.edu/features/2024/03/er_frans_de_waal_16-03-2024/index.html
- * JAMES C. SCOTT, ANARCHIST THINKER <https://anarchistnews.org/content/was-james-c-scott-anarchist>
- * Hans Plomp, one of the founders of Ruigoord <https://www.at5.nl/artikelen/227982/ruigoord-grondlegger-hans-plomp-80-overleden>
- * Mrachak/Grapje: my cat, my emotional support animal... lost - maybe dead, maybe free

Affirmations

Although I know I don't have to prove myself, I am still/sometimes overdoing it.
Even if I feel inner pressure to be a pleaser & put too much effort
Instead, I may : **do just enough!!**

Although I know I am deserving of (what I) love, sometimes I don't go for it.
Even if I feel compelled to go for something safer
Instead, I may focus my energy & time on what I really want!!

Although I know I am lovable, I still don't ask for attention.
Even if I think that disconnecting is going to make the pain hurt less,
Instead, I may feel loved! (& turn towards, and ask)

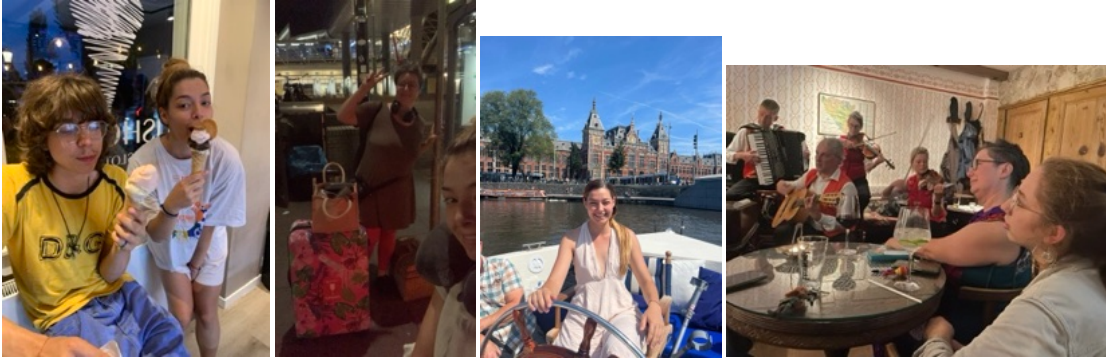
Celebrations



^^^ Weddings & Sinterklaas



^^^ Birthdays (Alisa's, Vesna's, Charlie's)



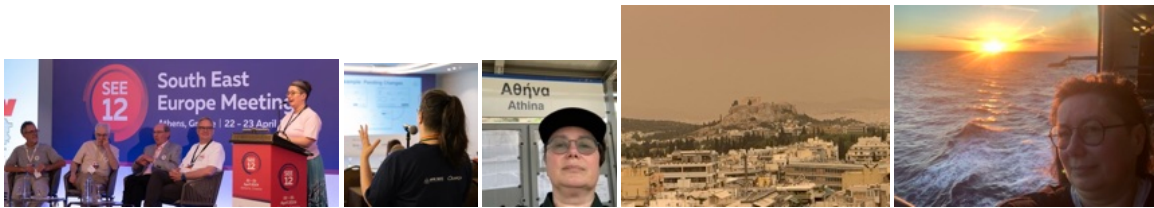
^^^ Kaja's visits

Berlin (IKEM & /etc)





SEE-12



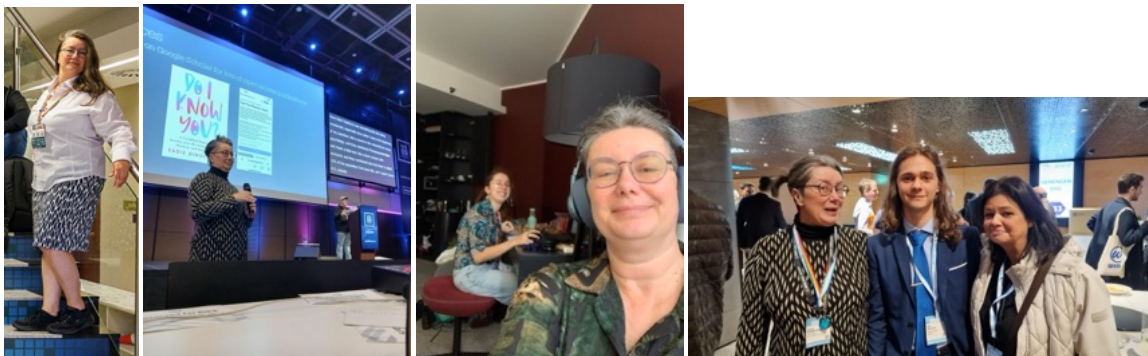
WORK / ACHIEVEMENTS



^^^ Giving talks at WvKA, AMRO, & "sevens"; plus leaving CoC

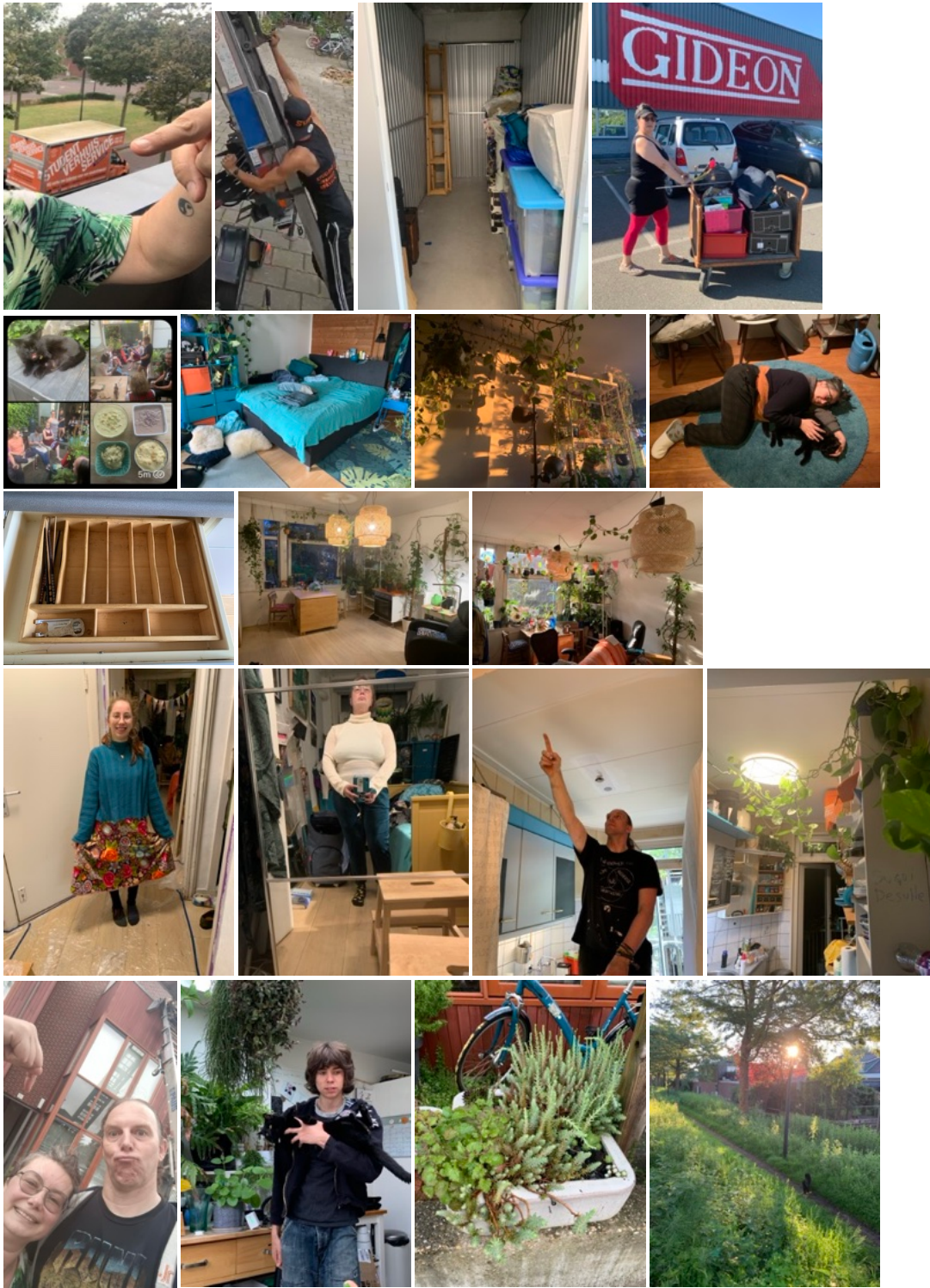


^^^ At Green Tech Hackathon



^^^ At RIPE88, RIPE89 (with Alisa) & LUNOG (with Mike & his mom)

HOUSES



Family & Friends



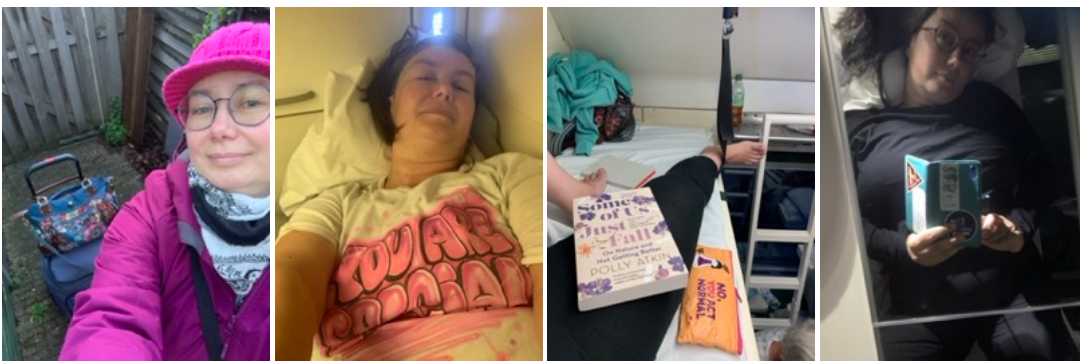


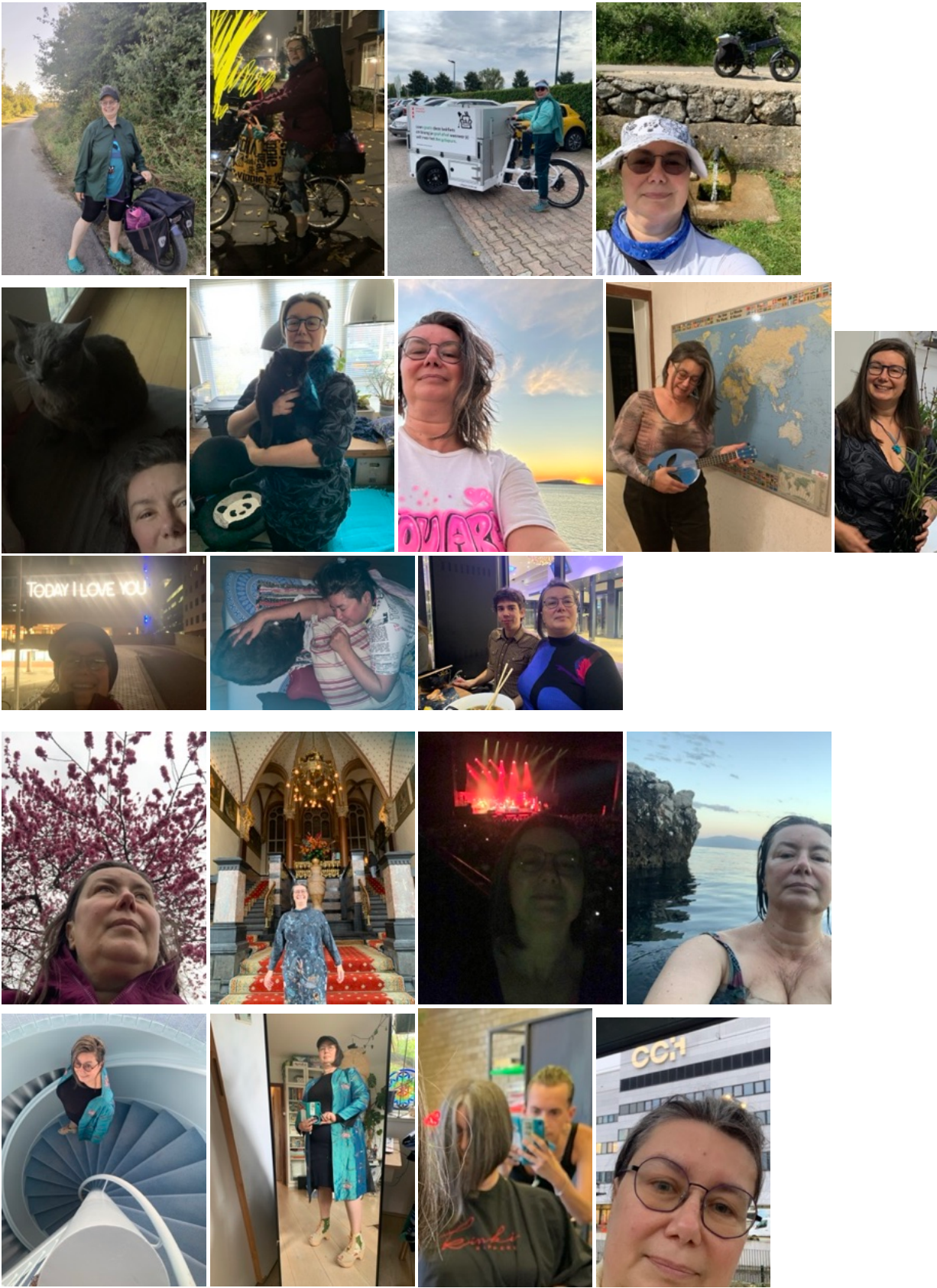
^^^ Protests



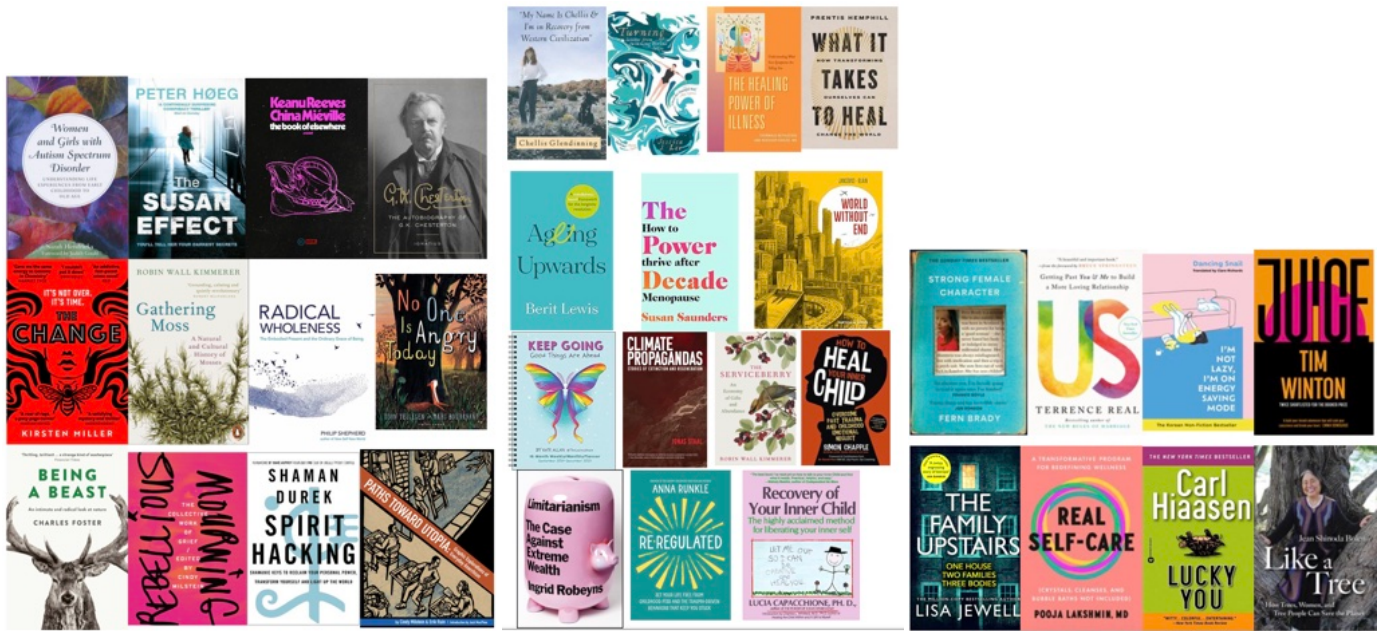
^^^ Alisa in Lika, in Prague, "propedouse" & with Nemanja

selfies





BOOKS



I have watched a lot of series this year: Deadloch/ Unforgotten/ Line of duty/ Chelsea detective/ the.vanishing.triangle/ Dublin murders / Blue Lights / Mrs Davis / Criminal minds evolution s17/ Suspect/ Miss Marple/ Bad Monkey/ Nobody Wants This/ True Detective: Night Country/ Marcella/ The Sinner

LIKA

