

Summer of 2022

26-September-2022

Dear all, here's to the summer! This one was a really good one: my family did fun things together and with friends; we had guests, we plucked vegetables and wild fruits; we swam in all the usual places! I want to share my gratitude, my worries and my celebrations with you!!

Invitations (and links)

The most important announcements for the rest of 2022 are:

- Visiting Beograd & Zagreb, by train! (and Budapest & Lika..)
 - 24-28.10. at RIPE85 in Belgrade: to build [Bridges](#)
 - 10.November in Zagreb, NOG.HR
- Celebrating 50-th birthday with 2 parties!!
 - 21.10. in Zemun -> Petak. Lager pub. Dobanovacka 8, kod Muhara. Pocetak 19h. Muzika, pice, hrana. <https://lagerpub.rs/>
 - 26.11. in Amsterdam: -> wiki.techinc.nl/User:Becha/50
- Giving talks:
 - at [B&B](#) in Berlin 1-2.10.
 - 4.10. online [RIPE Intro](#) for students
 - and the Quantum Internet Hackathon 1-2. December

Celebrating the summer that's gone

As a family, we had a big (car-trip) vacation: two weeks in Lika! Nana & Nikolina and their families joined too, also Mileva & Marija, and we went "across the Velebit" too: Bukovic & Obrovac. We had lots of fun with visiting dogs, PUH and horses! There was a drought, thou... so the water shortage continues. The problem was temporarily solved, but next year we need a more sustainable solution. Along the way we visited Matej in Ljubljana and got to know his family: thank you for your hospitality and friendship! Moin was taking care of the plants & the cat - thanks, and sorry for all the dead birds!

We also hosted several friends at our house: Patrice, Heath Bunting, Alix, Jelena...



Charlie has successfully finished his 5th year of high school - just one more to go! Then he did the Central Europe InterRail trip (Berlin, Prague, Budapest, Vienna): thanks to Alix, Mo and Danijela for hosting him & his friends! It was a great adventure, not the least because he lost his documents! He also got a more serious job: at WG-cafe. In Lika he had bad luck - got sick with a "angina/strep throat", but still he found a way to "Bogdan's Field" on Kokerna! Now the school started again... so he is mostly experimenting with cooking, going bouldering and still watching a lot of YouTube ;-) He also visited Krakow with school -- including a learning trip to Auschwitz...

Alisa went to festivals and small trips, but mostly worked: at two jobs, and soon she is starting work as a teachers-helper in primary school. She also went to Belgium with Charlie, Camiel, Arlette & Jango.

Arnd was supping quite a lot, but now he is mostly busy with the hackerspace, and worrying how can we cut our electricity usage. We've visited his cousin's marriage anniversary: proper Dutch party!

Together, we went to the MCH2022 - without village, without children... so it was more relaxed than 5 & 9 years ago... and we've stayed in Nana's tent (thanks!). I was happy to see lots of old friends! (Akos, Thomas, Skinnr, Jelle, Emile, Frantisek, Kramse, Igor, HfH, CC...) & made a few new ones. Also together we go to the Community Supported Agriculture farm (CSA) called Pluk, harvesting bio-vegetables every week -- we are getting quit

I was increasingly active with meeting different groups and communities: ex-RIPE_NCC party! "17-th" group, TMR, KasKantine, diversity, HfH, Green Tech, students, hackers, climate activists... I gave a talk at MCH: video: <https://media.ccc.de/v/mch2022-442-computing-within-limits> I am getting quite successful and respected as a community representative and advisor, but I am too modest & humble to brag about it in detail... maybe next time! Or, look here: <https://wiki.techinc.nl/User:Becha>

My health is not 100% ~~ I am not sure what the reasons are, it could be Long Covid, menopause, C-PTSD, bad posture, anti-depressants side effect... or the general stress & fatigue from going from one crisis to another... but there is no major health issue, thankfully!!

I'm still looking forward to:
+ Upcoming trips: Berlin, Belgrade, Zagreb
+ Upcoming concerts: Femke, Hannah Gadsby & DJ Shantell!
+ Upcoming guests: James, Natacha, Skye & her boyfriend, Julia & her daughter, Tails developers -> AND YOU?!
You are welcome too!





^^^ MCH2022



Vacation in Lika



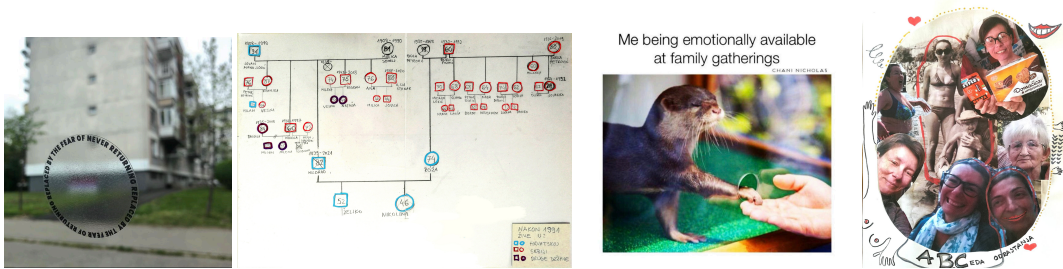
^^^ TechInc



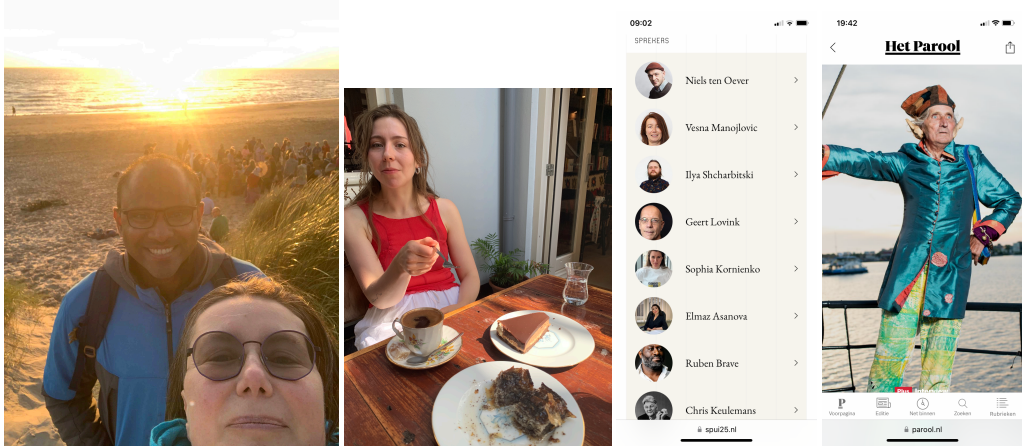


Family & Wars

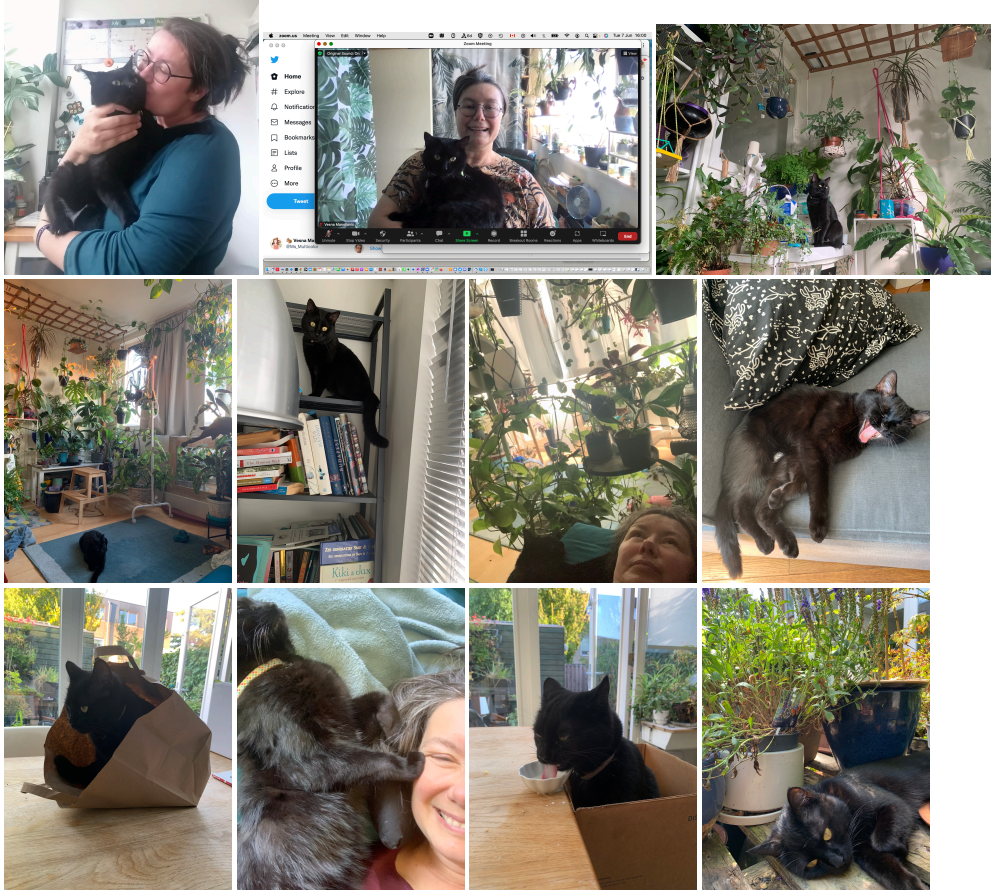
(replaced by the fear of never returning, replaced by the fear of returning)



Friends




CAT!



Feeling the need to be busy all the time is a trauma response and a fear-based distraction from what you'd be forced to acknowledge and feel if you slowed down.

Dr. Sarah Burke




Crying is so beautiful actually because just the concept is adorable. There is so much inside of you, so many feelings so large, that the only thing you can do is produce physical proof of how you feel. How cool is that. People should cry more often.

 Iya ehime ora @ehimeora · 3h
I am a crier. I cry in joy, I cry in grief, I cry in laughter, I cry in rage. This is how my body processes experiences in real time. And that's okay.



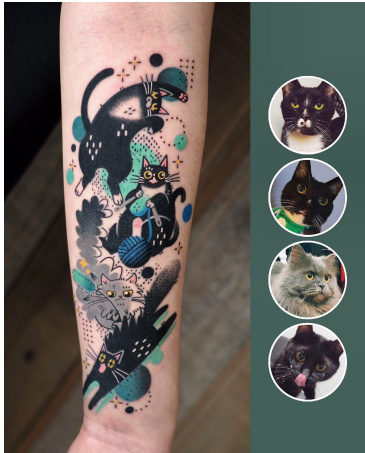
"Of course I'll hurt you. Of course you'll hurt me. Of course we will hurt each other. But this is the very condition of existence. To become spring, means accepting the risk of winter. To become presence, means accepting the risk of absence."

The Little Prince



Advanced Dutch

| | |
|-----------------|---------------------|
| hà hà | wait a minute |
| hè hè | wait a minute |
| hò hò | wait a minute |
| ja ja (quickly) | don't rush me |
| ja ja (slowly) | I don't believe you |
| zo zo | well well |
| poe poe | impressed |
| nou nou | slightly impressed |
| nou (slowly) | I doubt that |
| ja, doe! | no way |



The 8 C's and 5 P's of Self in IFS

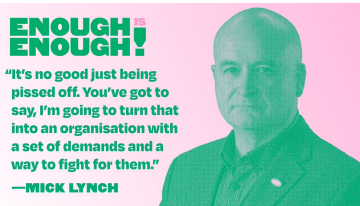
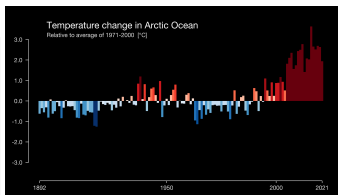
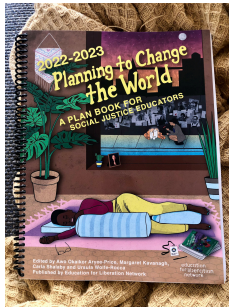
The 8 C's

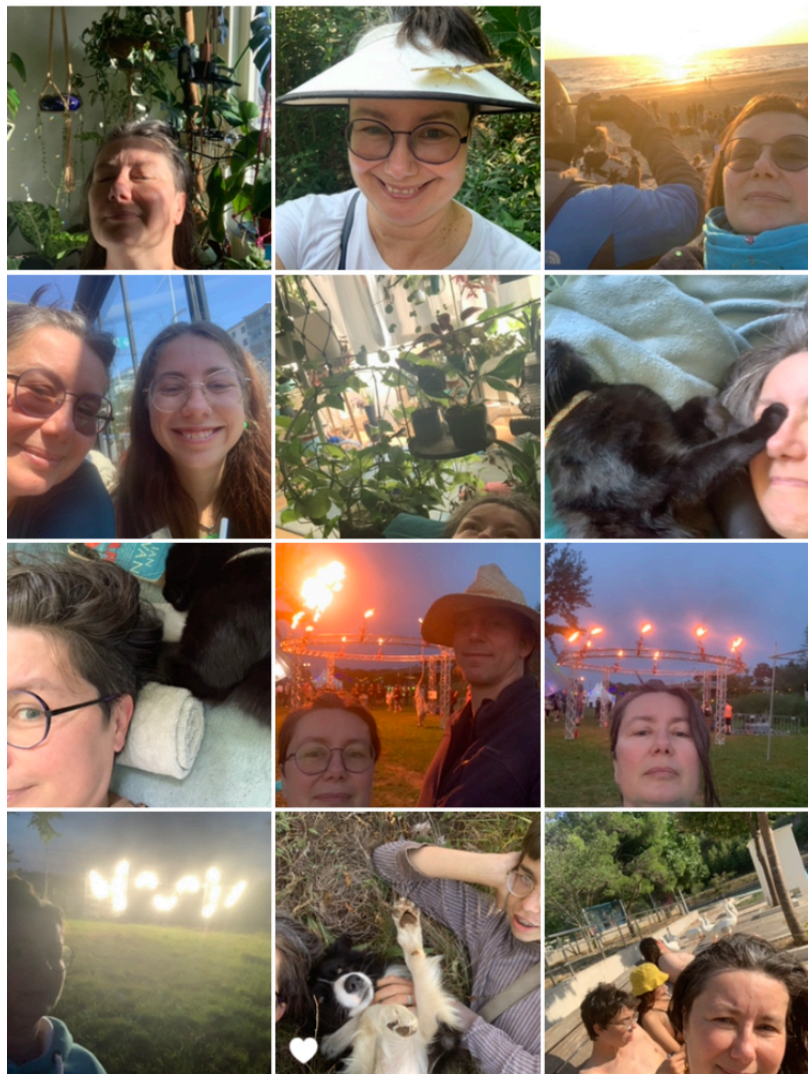
- Compassion
- Creativity
- Curiosity
- Connected
- Courage
- Confidence
- Clarity
- Calm

The 5 P's

- Patience
- Perspective
- Presence
- Persistence
- Playfulness

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Selfies Summer 2022